

Access Your Resilient Leader

Mind



Body



Action

What is it that I am telling myself?
Do I want to stay with that or change it?

What am I experiencing in my body?
Where am I experiencing it?
What are the insights this experience can tell me about myself?

What are my actions right now?
Are they a sign of an experience that may need my attention?

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NSI STRATEGIES

CONSULTING SUPPORT FOR INTEGRATED
HEALTHCARE ENVIRONMENTS



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NSI Services

- Leader and Manager Coaching
- FQHC Integrated Care Team Coaching and Workshops to Elevate Performance
- Integrated Care Training
- Evidence Based Care Training (SBIRT, PCMH, Metric Use, and More)
- Medication Assisted Treatment Implementation



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